

Dorking Netball Club Junior Coaching Offer 2019-20

Year group	Rationale	What we offer	Nonsuch	Mid Surrey
5, 6 & 7	<p>At this age, although some players will show more promise than others, there is still a huge amount of potential in all players as they develop at different rates. All players at this age can make progress, given the right opportunities.</p> <p>All players need to be exposed to regular match play to enable them to make progress.</p> <p>No players should be discounted for selection for matches, and squads should still be fluid at this stage. Coaches must review all player's performance and behaviour on a weekly basis when selecting teams for matches.</p>	<p>All players are given equal opportunities to work with their lead coach, regardless of ability</p> <p>League match play is offered to all players</p> <p>Coaches give equal focus on all players during training</p>	2 teams	2 teams
8	<p>At this age, some players may have developed more maturity and skill and it may be necessary to differentiate planning more in previous year groups. However, mixed ability activities eg warm ups are still required to maintain a cohesive feel to the group.</p> <p>A and B teams may become more "set" although there should still be a degree of fluidity between groups to give opportunities to those players in the middle to be stretched. All players still need to be exposed to regular league match play, to enable them to make progress. This could mean that not all matches are won but all players have a turn to play.</p> <p>No players should be discounted for selection for matches, and squads should still be fluid at this stage. Coaches must review all player's performance and behaviour on a weekly basis when selecting teams for matches.</p> <p>When appropriate, high performance players may be given the opportunity to "play up" an age group at league matches. See EN guidance re playing out of year.</p>	<p>All players are given equal opportunities to work with their lead coach, regardless of ability</p> <p>League match play is offered to all players</p> <p>Coaches give equal focus on all players during training</p>	2 teams	2 teams
9 & 10	<p>We will continue to offer training opportunities for all players, regardless of their attainment, but it is likely at this stage that we will have identified the more talented players who could potentially move into the senior development squad in the next two years, if they continue to progress.</p> <p>The gap between the higher performance players and others will become increasingly apparent and therefore the players' coaching needs will differ. These different needs will be planned for, and there will be a higher level of differentiation. At times, players will be coached in separate groups to ensure all can make the progress that they need, but there will continue to be mixed ability activities to maintain the cohesiveness of the group.</p> <p>When appropriate, high performance players may be given the opportunity to "play up" an age group at league matches, and within training sessions. See EN guidance re playing out of year.</p> <p>There may be an opportunity for (extremely) high performance players may be invited to attend the Development squad training and will be invited to selection in the summer.</p>	<p>All players are given equal opportunities to work with their lead coach, regardless of ability.</p> <p>Coaches give equal focus on all players during training.</p> <p>League match play is offered to higher performance players.</p> <p>Additional friendly fixtures arranged for those who are not offered league match play.</p>	1 team (tbc)	2 teams
11	<p>At the beginning of Year 11, all players will attend trials and undergo selection to continue training and playing with the junior club.</p> <p>High performance players may be invited to attend the Development squad training and will be invited to selection in the summer.</p> <p>We have a new Development squad where our more talented players over the age of 14 are given senior coaching and fortnightly matches in the Kingston Netball League. Players are selected for the squad through senior trials and on rare occasions, by year 9-11 coaches, in consultation with the senior selectors.</p>	<p>All players are given equal opportunities to work with their lead coach, regardless of ability.</p> <p>Coaches give equal focus on all players during training.</p> <p>League match play is offered to higher performance players.</p> <p>Additional friendly fixtures arranged for those who are not offered league match play.</p>		

