



Junior Coaches Letter to Parents

September 2019



Dear Parents,

Its nearly time for the start of another netball season and the coaches are looking forward to greet all of our junior netball players. We have an exciting year ahead, with many new members and coaches and an increased challenge in store for our older players. Below are some notes to help you to prepare for the start of the season.

We look forward to seeing you all on 10th September for our first training session.

Training

Tuesday evenings at the Ashcombe School Sports Hall, Dorking RH4 1LY. Entry is from the Ashcombe Road entrance please park and use the doors by the school pitches. Please note that no entry is allowed through the school.

Our first training session will be on Tuesday 10th September. At the first session:

- Existing members should arrive no earlier than 5 minutes before the session
- New members please arrive 15mins early to collect your kit

Training Times

Yr 5&6 6.00- 7.00pm

Yrs 7&8 7.00-8.15pm

Yrs 9,10 & 11 8.15-9.30pm

Match and term dates

These are posted on the club webiste (junior diary) so please put relevant dates in your diaries.

Safety For fire safety purposes, it is essential that we know exactly how many girls are in the building at all times. To ensure that everyone is kept safe, please ensure that you always:

- Bring your child to the small hall and ensure that they have **signed in** before you leave (older girls can bring themselves, but **must** sign in on arrival)
- Remind your daughters that once signed in, they must not leave the building until collection by an adult
- **Please collect your daughter** from the sports hall exit at the end of the session. We expect all players to be collected, even the older ones. It will be dark when they finish their sessions, there is no outside lighting in the car park area, and other external clubs operate in the school. We cannot guarantee your child's safety once they leave the sports hall at the end of a session
- Once the girls have been signed out by their coaches, they are the responsibility of their parents once again. Please check with your child before you leave that she has been signed out when you collect

Coaches

We are very lucky to be welcoming some more new coaches to the club this season. They are all DBS checked, and are fully trained regarding safeguarding and netball. All coaches are supported by Kim, Tina and Gill, to ensure that we maintain high standards and a consistent approach across the club.

Year Group	Times	Lead Coach	Assistant Coaches	Volunteers
5/5	6.00 – 7.00	Angharad Tharp	Kerri Johnson Hannah Thomas Ingrid Wilton-Andree	Heidi De La Hoyde
7	7.00 - 8.15	Laura Grant	Nezi Dogansoy	Imogen Smith Mary Thurston
8	7.00 - 8.15	Kim Harper	Amelia Sampson	Georgina Harper
9/10/11	8.15 - 9.30	Laura Grant	Lily Mckeown	

Complaints or Concerns

If you have any complaints or concerns, please talk initially to your daughter's coach, as they will be the best placed to solve most problems. If you feel that your concerns have not been sufficiently addressed, then please contact Gill (Co-Chair) or Kim (lead coach) via the club website.

Safeguarding our Players

Please see our club safeguarding policy on the website for full details of how we work to keep our members safe. If you, or your daughter have any concerns about the safety of one of our club members, then please contact Kim, our club Safeguarding Officer immediately. She will be at training each week to speak to between 6.45-7 and 8.15-8.30, and she can be contacted via the club email. If you feel that the issue cannot be addressed through the club, then please contact the England Netball Safeguarding team for further advice:

01509 277850 or besafe@englandnetball.co.uk.

Team Selection and Match Play

Please see attached policy regarding team selection.

We have entered two junior leagues this year, the Mid Surrey League and Nonsuch Junior Netball League. We pride ourselves on being an inclusive club and currently, do not run formal selection for players until year 11. Our aim is to develop and challenge players at all levels, and we are keen to support the less experienced players, at the same time as developing talent.

Our coaches expect players to demonstrate commitment during training, a desire to listen and improve their game, and they assess each player's ability to rise to the challenges that each league may present.

The standard in the leagues can be challenging, and some players may find that they are not regularly selected for match play. Coaches will speak to these players, so that they understand why they have not been selected. There may be opportunities for some friendly match play during the season for some years and if so, these players will be prioritised for selection for these matches.

Kit: Wearing the correct kit is vital for your daughter's safety and enjoyment of netball.



Players must wear trainers that are **suitable for netball**. Fashion trainers do not support the foot sufficiently, and your daughter will not be allowed to play in unsuitable footwear.



Players must wear their netball kit for training and matches. They need to bring a pair of tracksuit bottoms and hoodie/top to wear during the cool down and going home.



Any kind of **jewellery must not be worn** and players are not permitted to tape any piercings so all earrings must be removed, even if new. For safety reasons, it is not permitted for earrings to be taped.



Hair must be tied back at all times.



Every player must bring a drink of water in a bottle (that does not spill)

Mobile phones must not be used during training sessions. We have a box in the hall where they can be put for safekeeping



Fixtures

Each league has fixtures on Sundays, and all dates are posted on the club website. All players are expected to be available to play in matches, so please inform your child's coach if they are not. Coaches will be in contact with parents directly using a year group specific email address. Please liaise with them via this year group email.

Nonsuch Netball League: Nonsuch High School, Ewell Road, Cheam . SM3 8A

Mid Surrey League Manor House School, Manor House Lane, Little Bookham
KT23 4EN

Playing positions

Players often have an idea of which position is their favourite, and can be fixed in their view of what they can and can't do. Coaches will be encouraging players to try out different positions as this will help them to become a well-rounded netball player. We would ask you to support your child to maintain an open mind about which positions they "can" play. Many players do not finalise a position until well into adulthood, and all need to be flexible enough to play at least two positions if they are to be accepted by an adult club in the future.

Developing talent and motivation

Many of our junior players go on to be selected for the senior club, and we are proud to say that Dorking netball club has produced many County and one regional Player. These successful players have been the ones who are highly motivated, and keen to work on developing their own skills and fitness levels away from the training sessions. At the beginning of year 11, all players who wish to continue with the club will need to be successful at selection to gain a place.

Development Squad

This year, we have started a new Development Squad, where talented players aged 14 and above are given the opportunity to play in the Kingston and District Netball League. This is a

senior league, and selection is based on the same criteria as for our other senior teams, with trials help in the summer term.

Volunteering

The club is run entirely by volunteers and we have parent helpers involved in all aspects of the club with coaching and administrative tasks. We would welcome any volunteer parents who would like to get involved this year. Any offers of help would be much appreciated, from small tasks such as signing players in and out at the beginning and end of training and collecting money on match days, to becoming involved with coaching. We offer support for those of you who are interested in becoming involved in coaching, can offer accredited training for those who would like to train to become a coach.

Please let us know if you would like to become involved in some way.

We are looking forward to welcoming your daughters to the club this season.

Dorking Netball Club Coaches